GRADUATION & FAMILY FUN DAY
AUGUST 16, 2016

Please join us at our Graduation Celebration honoring the Kindering Class of 2016 on Tuesday, August 16th at 9:30 a.m. We will gather in Crossroads Park near Kindering Bellevue between the pavilion & the play structure. We look forward to seeing both Bothell and Bellevue graduates there! Look for an invitation in the mail coming soon if your child will be attending graduation. Stick around after the ceremony for an opportunity to connect with other Kindering families with some fun activities and treats at the Family Fun Day. The Family Fun Day will be from 10:00-11:30 a.m. and is open to all Kindering families.

KINDERING PARENT SURVEY 2016

Dear Kindering Families:

Surveys are very important to Kindering. We use these to get feedback on how we are doing and what kind of improvements you would like to see. Please complete this online survey by August 16, 2016. Go to: https://www.surveymonkey.com/r/Kindering2016

Please tell us how we’re doing! We count on you to let us know what we do well and where we can improve. Thank you for helping us to evaluate and improve our services!

If you experience problems with this survey or need an alternate format, please contact us at survey@kindering.org

MARK YOUR CALENDAR
DON’T MISS THESE GREAT KINDERING EVENTS

August Nights: Join us on August 4th from 6-10pm at The Anderson School in Bothell for the 1st Annual August Nights for Kindering. This fun summer event will feature mouth-watering tapas along with tastings of wonderful Edgefield wines and skillfully-made McMenamins ales. Raffle fun and outdoor games will round out the evening. Visit https://kindering.org/getinvolved/events/august-nights-2016/ to learn more and purchase tickets.

Fall Luncheon: Save the Date for Kindering’s 11th Annual Salute to Courage Luncheon on Thursday, October 6, 2016 at The Grand Hyatt Bellevue Featuring keynote speaker Ross Hunter, Director of the Washington State Department of Early Learning Learn more & RSVP at https://kindering.org/getinvolved/events/luncheon/

SENSORY SHOPPING NIGHT
WHOLE FOODS BELLEVUE
JULY 14, 2016 5:00PM-7:00PM

Join us on Thursday, July 14th from 5 – 7pm for Sensory Shopping Night at Whole Foods Market in Bellevue! During this time the store will be turning down the lights and turning off the music to provide a more comfortable shopping experience.
MOTHERS’ CIRCLE NEWS
Mothers’ Circle is an integral part of Kindering’s programs to support parents during their time at Kindering and beyond. We’ve recently celebrated our 20th year of serving this incredible community. We will be taking a well-deserved pause in the program in advance of an exciting re-launch, scheduled to happen in September 2016. After 20 years, even the Mother’s Circle needs a break!

For more information about Mothers’ Circle and to be part of the group making it the best it can be, please contact Rosanne Carter at 425.984.2623 or email rosanne.carter@kindering.org.

BABY STEPS
Have you wished you could meet other parents of infants/toddlers with special needs? Have you wondered where you could take your baby to experience socialization, play, and also have adult contact? Would you like new play ideas and songs?

If you answered yes to any of the questions, then Baby Steps may be for you!

Baby Steps is a parent/infant class that focuses on connection, play, support, and building relationships. In this class, the joys and challenges of raising a child with special needs will be shared, celebrated, and supported.

Baby Steps is the first of many beginnings.

If interested, contact your family resource coordinator for more information.

SIBSHOPS
If your child with special needs has a 6-11 year old typically developing brother or sister, Sibshops is a great opportunity for siblings to connect and share their experiences. Visit https://kindering.org/services/familysupport/sibshops/ to learn more and register or email Sibshops@kindering.org.

WASHINGTON STATE FATHERS NETWORK
Dads with children who have special needs may be dealing with issues or have questions and other dads can be a great resource. Join this group of dads for a helpful conversation, a good cup of coffee and some light refreshments. Meetings are held at Kindering. Call Louis Mendoza, 425.653.4286, with any additional questions or requests for information.

FACEBOOK GROUP FOR DADS
A closed Facebook group has been created for dads whose children currently receive services from Kindering or who have received services in the past. The group is a place where dads can share information, resources and discuss issues of common interest. Dads can join the group by searching for Kindering Dads and clicking on the Join Group button.

SABÍA QUE
Este verano usted puede ayudar al desarrollo de su hijo/hija integrando actividades que le estimulen y enseñen cosas nuevas. Estas son algunas ideas:

- Paseo por la naturaleza: proveen un estimulo visual – observando árboles, hojas, colores, animalitos.
- Paseo a la granja: proveen un rico estimulo auditivo – escuchando los ruidos de los animales que pueden aprender a imitar.
- Mercado: los mercados del verano proveen un estimulo a todos los sentidos como escuchar a las personas hablar, ver diferentes colores, frutas y verduras. Los niños pueden aprender muchas palabras nuevas y repetir las que ya conocen.
- Playa: la playa prove oportunidades de socialización para los niños. Su hijo/hija puede invitar a otros niños a construir castillos de arena, a llenar y vaciar cubetas, compartir juguetes.

¡Disfrute del verano con sus hijos y aprendan juntos!
Alicia Martínez, MSW, LICSW, IMH-E® (II) Terapeuta en Salud Mental Infantil

Recuerden que el último día de clases es 15 de agosto. Kindering estará cerrado durante el mes de agosto. No tendremos clases ni terapias. Reanudaremos actividades en el mes de septiembre.

¡Disfruten de las vacaciones!

Kindering estará del 4 de julio al 8 de julio. Regresamos el lunes 11 de julio con terapias y clases regulares.

¡MARQUEN SUS CALENDARIOS!
Fiesta de Graduación
16 de agosto de 9:30am a 10am

Fiesta de Fin de Año para todas las familias
16 de agosto de 10am a 11:30am
**WISH LIST**

Interested in fulfilling a small wish for the Physical and Occupational Therapy Departments in both Bothell and Bellevue? Our small item wish list is for materials needed for Sensory and Fine Motor Play and discovery. Our departments will be appreciative of and our children will often use the following:

- Stickers
- Shaving Cream - non scented
- Foam - sticky little Styrofoam beads
- Fake snow/instar snow
- Sensory, textured balls
- Small coin banks
- Small windup toys
- Small pull apart vibrating toys
- Colorforms – stick to windows
- Dot Markers
- Dry erase markers, dry erase crayons and erasers
- Small dry erase boards

Please send with your therapist or contact Department Managers Elda Harada in Bellevue at 425.653.4280 or Katie Larson in Bothell at 425.984.2614. Thank you!

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**SNACK FOOD DONATION REQUEST**

We currently are in need of the following foods to offer children at snack time.

- Nutra Grain Bars: Apple strawberry and blueberry flavored
- Canned Fruit
- Veggie Sticks

You can bring your donations to class or drop them at the front desk. Thank you for supporting our classroom programs!

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**NUTRITION EVALUATIONS**

Did you know that Kindering has Nutrition Evaluations for children enrolled in Early Intervention? Contact your Family Resources Coordinator to schedule an appointment if you have nutrition concerns. Kindering has a team of feeding specialists that includes therapists and a Registered Dietitian. Contact your child’s FRC if you’d like to learn more or schedule an evaluation:

If you have concerns about what your child eats
- how much
- how often
- quality and variety

If you have concerns about your child’s growth
- weight gain – too fast or too slow

If you have general questions about nutrition, Kindering’s Registered Dietitian can provide information about your child’s nutritional status. If issues are identified, she will work with you to develop a plan that makes sense for you and your family.

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**SAVE THE DATE:**

**ALLEGRO PEDIATRICS-KINDERING 2016 SPEAKER SERIES**

Mark your calendars! We have two Allegro Pediatrics–Kindering Speaker Series left in 2016. Talks are from 6:30 to 8:30 p.m., on the Wednesday evening indicated at the Kindering location listed beside the date. Come as early as 6pm for mingling and light refreshments.

Please RSVP to Colleen Willis at Colleen.Willis@kindering.org or leave a message at 425-289-7527 so we can ensure space is available. Childcare is not available for the speaker series.

**September 28th, 2016**

- location: 19801 North Creek Parkway #200 BOTHELL

**Raising a Child with Special Needs: Challenges, Myths, & Resilience**

Louis Mendoza & Rosanne Carter

Developing understanding of the many challenges moms and dads experience when having a child with special needs takes time. Many parents have discovered, learning from others that have similar experiences, is one valuable way of making sense of this unique path. Join with other parents and facilitators for robust dialogue and exercises focused on key issues all parents experience at some time when having a child with special needs. A few myths will also be addressed and the value of resilience discussed.

**October 26, 2016**

- location: 16120 NE 8th Street BELLEVUE

**Advocating for your Child**

Cathy Murahashi, Family Engagement Coordinator, ARC of King County

Learn how to build an effective team and create positive relationships to advocate for your child. Learn how and why to use positive advocacy to make a difference for your child.
WELCOME NEW STAFF

Hello! My name is Rachel McKee, and I am a new speech-language pathologist here at Kindering! I grew up in the Kent area, and attended Eastern Washington University for my Bachelors of Arts in Communication Disorders. I then moved to Texas, to receive my Master's degree in Communication Sciences and Disorders from Abilene Christian University. In my free time, I enjoy biking, spending time with friends & family, and going on new adventures! I am incredibly excited, and feel so blessed to begin this journey at Kindering!

Hi, my name is Astoria! I am the new Family Resources Coordinator at Kindering Bothell. I was born in Seattle, but have lived all around the Northwest (Seattle, Maple Valley, Eugene Oregon, Portland Oregon, and Spokane). I attended Whitworth University in Spokane and graduated with a degree in Psychology in 2015. Recently I was working in the field of domestic violence where I worked closely with children and their mothers. In my free time I play with my puppy, crochet, sew, rock climb, and explore new places. I am overjoyed with this opportunity to work with families at Kindering.

Hi! My name is Alison Humphreys, and I am a new administrative assistant here at Kindering. I grew up in San Diego, and later received a degree in Social Work from Northern Arizona University in Flagstaff, Arizona. I moved to Seattle in 2013, after which I worked in a domestic violence shelter for battered women and children, and then became a nanny specializing in twins. In my free time I enjoy reading, listening to podcasts, playing the ukulele, and practicing my art skills. I'm very excited to join Kindering's team!

Hi! My name is Olivia Hubbell and I am a Registered Behavior Technician. I am very excited to join Kindering's wonderful CUBS team at the Bothell location. I grew up in the eastside of Washington in Spokane. I eventually moved to Seattle to pursue graduate school. I received my Master's degree in special education with an emphasis in applied behavior analysis from the University of Washington. After graduating from grad school in 2014, I decided to stay in the beautiful city of Seattle and have been working with children with special needs ever since. My professional areas of interest include working with children with autism spectrum disorder, challenging behavior, and early intervention. Outside of work I enjoy exploring Seattle, hiking, spending time with family and friends, and of course, cheering for the Seahawks!

Hi! My name is Hector Miguel, and I am a new speech-language pathologist here at Kindering. I am so excited to join such a wonderful organization, and feel so grateful for this opportunity. I was born and raised in central California, where I earned a Bachelor's of Arts degree in Communicative Disorders and Deaf Education from Fresno State. I moved to the Pacific Northwest in 2011 in order to pursue a second degree in Speech and Hearing Sciences from the University of Washington. It was during this time, that I worked as a paraeducator in Seattle Public Schools' Deaf and Hard of Hearing Preschool. I was fortunate to use my background in deaf education along with my signing skills. After completing a Bachelor's of Science in Speech and Hearing Sciences and went on to complete a Master’s degree from Washington State University, Spokane. I recently returned to the Seattle area six months ago and have loved every minute since. I enjoy spending time exercising, playing volleyball, listening to audio books and spending time with my friends and family.

Hi! My name is Alice Bravo and I am a new special educator here at Kindering. I grew up in Seattle, but moved to California to obtain my bachelor's degree in Psychology from Scripps College. After graduating I returned to Seattle and worked for one year in an inclusive kindergarten classroom. This experience made me very passionate about inclusion and early intervention, and as such I returned to school to receive my master's in early childhood general and special education at Columbia University. I am very excited to be back in Seattle, and feel so lucky to be working with families here at Kindering! Outside of work I enjoy reading, baking and exploring the Pacific Northwest.