

## PEDIATRIC ASSOCIATES – KINDERING

### 2013 SPEAKER SERIES

Please join Kindering families, staff, and others from the community, for the parent education speaker series event with Pediatric Associates.

**Wednesday, June 26<sup>th</sup>**, “How to Raise a Cavity-Free Child”, Eastside Pediatric Dental Group.

Is it possible to raise a cavity-free child? Come hear about all the things you can do to insure that your child grows up cavity-free and enjoy a life-time of good oral health. The earlier you start with good oral health habits for your child and the entire family, the better your chances will be of raising a cavity-free child. Dr. Liu will tell you how to do it and answer any questions you may have about your child’s oral health.

This speaker series event will be held from 6:30 p.m. to 8:30 p.m. at Kindering. Due to limited seating, pre-registration is required. Please RSVP to Joe Cunningham at 425.653.4321 or [joe.cunningham@kindering.org](mailto:joe.cunningham@kindering.org).



## THE 30<sup>TH</sup> ANNUAL FATHERS NETWORK CAMPOUT

**JUNE 14-16, 2013  
ANACORTES, WA**

The 30<sup>th</sup> Annual Fathers Network Campout in beautiful Washington Park, in Anacortes is on the calendar and reserved! Join us and celebrate dads and families as only one can when having a child with special needs! There will be a few special aspects to the campout this year as we celebrate 30 wonderful years of this cool event!

If this is a new experience for you, plan on lots of fun and meeting great people! Kids, whether young or old, love having the freedom to play, explore, eat, laugh, and celebrate around the magic of the campfire. **Join us for the fun!** Contact Greg Schell at 425.653.4286 to request all the information!

This outstanding event would not be possible without **Ed and Jeannie Gegen, Anacortes residents, and an original WSFN family for arranging our visits over the years! Thank You!**

## 5<sup>TH</sup> ANNUAL SUMMER OUTDOOR MOVIES IN THE PARK JULY 23, 2013

**inome** and Bellevue Parks and Community Services will be hosting 8 free outdoor movies at the Bellevue Downtown Park this summer! Grab your kids, dogs, blankets and chairs and settle in for some summer fun for the whole family. Each week a non-profit is chosen to be beneficiary and Kindering will be the beneficiary on **Tuesday July 23rd** with the showing of “ParaNorman”. Classroom supplies and donations will be accepted in lieu of admission. Movies begin at dusk. Go to <http://www.inome.com/summermovies> for a complete list of movies and more details!

## CALENDAR 2013

### JUNE 8

FATHERS NETWORK  
9:30 a.m.- 12:00 p.m.

### JUNE 11

MAMAS & PAPAS  
6:00 p.m. -7:30 p.m.  
(At Y.E.S)

### JUNE 12

STAFF DEVELOPMENT DAY  
All Classes & Therapies  
Cancelled

### JUNE 14

SIBSHOPS  
4:00 p.m.– 7:00 p.m.

### JUNE 14-16

FATHERS NETWORK  
“CAMPOUT”  
Washington Park, Anacortes

### JUNE 19

WALK OF COURAGE TOUR  
9:00 a.m.– 10:00 a.m.

WALK OF COURAGE

Our "Walk of Courage" tour is scheduled for Wednesday, **June 19th, 9:00-10:00 a.m.**

This is our monthly opportunity to inform and educate our community about the services we provide for infants and children and their families. Please join us in welcoming our guests.

For more information contact Joe Cunningham at 425.653.4321.



## MOTHERS CIRCLE

### What is Mothers Circle?

We are a community of women raising children 0-6yrs with special needs – sharing emotional support, promoting advocacy, and creating solutions.

### Who can join Mothers Circle?

We welcome all mothers who have children with special needs ages 0-6 years to join us for lively conversation, good humor and emotional support in the company of other women who truly understand the unique struggles and celebrations of raising a child with special needs.

### When? Where? How do I join?

#### MEETINGS:

1<sup>st</sup> and 3<sup>rd</sup> WEDNESDAYS of every month, 6:30-8:00p.m.

#### LOCATION: KINDERING

**FACILITATOR:** Rosanne Carter, MA, LMFTA, 425.653.4306 [rosanne.carter@kinding.org](mailto:rosanne.carter@kinding.org)

## MAMAS & PAPAS

### Kinship Caregiver Support Group Meeting

June 11, 2013 from 6:00-7:30 p.m. at Y.E.S. (Youth Eastside Services, 999 164<sup>th</sup> Avenue NE,

### WHAT IS THE MAMAS & PAPAS SUPPORT GROUP?

The Mamas & Papas is a support group for relatives who are raising their grandchildren, nieces, nephews, cousins, etc. These caregivers are often called "kinship" caregivers. Our group has existed since the spring of 2005 and we meet once per month in the evening on the second Tuesday of the month. We have a partnership with Y.E.S. (Youth Eastside Services)—the building behind Kindering. We meet in their building and they provide a concurrent support group for the school-age children of the support group members. Any kinship caregiver is welcome to attend a Mamas & Papas meeting. Please contact Julie Fisher, MSW, at 425.653.4314, if you are interested in learning more.

## SIBSHOPS

### WHAT ARE SIBSHOPS?

Sibshops are fun, action-packed workshops in which siblings of children with special needs are encouraged to share challenges and celebrate joys with brothers and sisters in similar situations. It's a celebration of the many contributions of brothers and sisters of siblings with special needs.

### WHAT HAPPENS AT SIBSHOPS?

Fun times and connecting with others happens! Based on the Children's Hospital program model, designed by Don Meyer, each Sibshop mixes information and discussion activities with new games.

### WHEN & WHERE ARE SIBSHOPS HELD?

Day & Time: Every 2<sup>nd</sup> Friday of the month, 4PM-7PM

Location: Kindering

### WHO CAN ATTEND?

Typically developing 6-11 year old siblings! Groups will be split by age; 6-8y and 9-11y.

### WHO FACILITATES SIBSHOPS?

Rosanne Carter, LMFTA, E-I Family Therapist  
Marie Fleming, MA, Counselor

### HOW DO I GET INFORMATION FOR MY FAMILY?

Contact Rosanne Carter for a copy of the registration form. Phone: 425.653.4306

## GKSN: GRANDPARENTS OF KIDS WITH SPECIAL NEEDS

Kindering's Sibling Support Project is pleased to announce GKSN—Grandparents of Kids with Special Needs. We believe that no one understands a grandparent's unique joys and concerns better than another grandparent of a child with special needs.

On the GKSN website, grandparents will have a chance to meet other grandparents through our Yahooogroup or Facebook groups, share ideas for supporting their kids and grandkids, and even post pictures of their grandkids!

Please visit [www.gksn.org](http://www.gksn.org) and help us spread the word!

Don Meyer  
Director, Sibling Support Project  
A Kindering program

## SNACK FOOD DONATION REQUEST

We currently are in need of the following foods to offer children at snack time. Are you able to help by purchasing one of the items below?

- Unsweetened applesauce
- Raisins
- Potato sticks
- Veggie sticks
- Fritos
- Canned pears
- Pirate booty

You can bring your donations to class or drop them at the front desk. Thank you for supporting our classroom programs!

**Classroom need:** clear plastic shoe bins

## WELCOME NEW STAFF



Hola, my name is Kendra Rodriguez and I am a new Family Resource Coordinator here at Kindering. I grew up in Olympia and then moved to Seattle, receiving my Bachelor's degree from Seattle Pacific University. Upon graduation I served for 2+ years as a Peace Corps Volunteer in rural El Salvador, working with

the local branch of Save the Children. After completing my service I returned to Seattle and worked for 8 years with the Early Head Start program at Neighborhood House. In my free time I enjoy being outdoors with my family and friends, as well as exploring new places and foods! I am very excited to be joining the Kindering team!



Hi! My name is Eileen Leahy, and I am the new Family Resource Coordinator Assistant here at Kindering. I grew up in Seattle, as one of twelve kids, on Capital Hill. My mom had a daycare center in the home so I have always had a lot of kids around. I lived in Salem,

Oregon from 1998-2010 and worked as a Foster Home Certification Technician. The best part of my job was the knowing that what I was doing at work was keeping kids safe. When I moved back to the Seattle area I knew I wanted to continue working in an arena that would affect kids in a positive way so when I saw the job announcement for the position at Kindering I knew I found the perfect fit. Outside of work I love singing, hiking, movies and spending time with family and friends.



## COURAGE SUMMER CAMP

For children ages 3-5

Each week provides a new theme and learning experience!

- **Camp Location:** Kindering
- **Dates:** Session 1 August 12-16  
Session 2 August 19-23
- **Times:** Morning Camp (are now full)  
Afternoon Camp 1:00pm to 4:00pm
- **Extended Care is NOT available**
- **Max: 12 Campers.**
- **Camper to Staff ratio 4 to 1**
- **Fee: \$175 each session**

We have a limited number of scholarships available for families who qualify. If you need financial assistance please contact Sharissa Aromi as soon as possible. Financial assistance will be offered on a first come, first serve basis.

For more information or for registration information contact Sharissa Aromi at [Sharissa.aromi@kindering.org](mailto:Sharissa.aromi@kindering.org) or call at 425.747.4004 ext. 5439

## CAMPAMENTO DE VERANO

Para niños/as de 3 años a 5 años  
¡Cada semana ofrece un nuevo tema y la experiencia de aprendizaje!

- **Lugar:** Kindering
- **Fechas:** Primera sesión del 12 al 16 de Agosto  
Segunda sesión del 19 al 23 de Agosto
- **Horas:** Campamento matutino (está lleno ahora)  
Campamento vespertino de 1:00pm a 4:00pm
- **Favor de recoger a su niño/a a tiempo- No hay cuidado de niños al terminar el horario del campamento.**
- **Capacidad Máxima: 12 niños/as.**
- **Personal: Un adulto para cada 4 niños**
- **Costo: \$175 por cada sesión.**

Tenemos un número limitado de becas disponibles para las familias que califiquen con los requisitos. Si usted necesita ayuda financiera por favor contacte a Sharissa Aromi lo más pronto posible. La ayuda Financiera se proporcionara de acuerdo al orden en que se reciban las aplicaciones hasta que las becas se agoten.

Para más información o para la información de inscripción contactarse a Sharissa Aromi a: [Sharissa.aromi@kindering.org](mailto:Sharissa.aromi@kindering.org) o al teléfono 425.747.4004 ext. 5439