

# KINDERING

Embracing children of diverse abilities and their families

## EI CALENDAR UPDATE

Early Intervention mid-Winter Break is extended through, Tuesday, February 28th due to large staff training on evidence-based intervention. We will resume EI services on Wednesday, March 1st. KidsClinic therapy may be cancelled. Please check in with your KidsClinic therapist about schedule on Monday and Tuesday, February 27th/28th.

# FEBRUARY NEWS



## 23RD ANNUAL AUCTION GALA

Saturday, March 25, 2017

The Grand Hyatt Seattle

Chaired by Autumn and Isaac Wells

Join us for Kindering's biggest fundraiser of the year! Enjoy wine, a gourmet meal, live and silent auctions and entertainment.

Visit [www.kindering.org](http://www.kindering.org) to learn more and purchase tickets.



## GREETERS NEEDED FOR ANNUAL AUCTION GALA

March 25th, 2017 - Grand Hyatt, Seattle

**The auction is coming soon... so what can I do to help?**

Be a greeter at the event! Every year we ask Kindering kiddos, alumni, siblings and parents to help greet guests as they arrive at the hotel.

Greeters can be sibling pairs, parent/child, or the whole family!

**Details: Greeters will be asked to greet for an hour and a half.**

**We have shifts from: 4:45pm - 6:15pm and 6:15pm - 7:45pm**

**Parking will be validated.**

The auction is fun! It's a chance to dress up (perhaps pull out some of those barely used flower girl dresses or holiday outfits once again) and be a part of something big! Please let me know if your family is interested in greeting. Contact [colleen.willis@kindering.org](mailto:colleen.willis@kindering.org)

## ADVOCACY DAYS

Advocacy Days, part of the Advocacy Partnership Project, are held during each legislative session to involve self-advocates and families in the legislative process, giving them opportunities to make their voices heard by their legislators and to have an impact on policy and budget legislation that affects the services and supports available to them.

Advocacy Day is a great way to learn about the legislative process in person. Each Advocacy Day begins with an hour briefing at 10:00 in the morning. Here are some upcoming days that may be of interest to families with young children with special needs.

### March 1st—Meet Your Legislators

Many advocates come to Olympia but never meet with their legislators. Maybe you are not sure what to talk about, you don't want to go alone or it just seems scary. We want to help! Call us at 360.357.5596, Diana at ext. 6 or Noah at ext. 3 and we will help you set up your appointment, give you ideas for talking points and make sure someone goes to the meeting with you. We want to empower YOU!

### March 15—Family Services

Families provide the majority of care for people with DD, saving our state lots of money and helping individuals be participating members of their local communities. Whether your child is very young, a teen, or an adult, there are services that can benefit them. Respite care is critical service, but it's often difficult to find a provider. Parent to Parent, local chapters of The Arc and Parent Coalitions will share what this means to you. We encourage parents to come to this meeting and bring your children with you.

If this is your first visit and you need a guide for the day, please let them know when you register. To register or for more info please call: 1.888.754.8798, ext. 105, or e-mail: [bean@arcwa.org](mailto:bean@arcwa.org)

## CALENDAR 2017

### FEBRUARY 3

SIBSHOP  
KINDERING BELLEVUE  
4:00-7:00 PM

### FEBRUARY 15

SPEAKER SERIES  
**PLANNING FOR THE FUTURE**  
KINDERING BELLEVUE  
6:30-8:30PM

### FEBRUARY 17

SIBSHOP  
KINDERING BOTHELL  
4:00-7:00 PM

## UPDATED

### FEBRUARY 20-28

MID-WINTER BREAK  
EARLY INTERVENTION  
PROGRAMS  
CLOSED

**(FULL WEEK PLUS TWO EXTRA DAYS FOR STAFF TRAINING)**

No classes or Therapies

## ¡Marque su calendario!

Kindering estará cerrado la semana del 20-28 de febrero por vacaciones de invierno. No tendremos clases ni terapias. Reanudaremos servicios el lunes 1 de marzo.



Kindering Bellevue  
16120 NE 8th Street  
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Kindering Bothell

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## SABÍA QUE

La socialización para los niños comienza desde el nacimiento. Esta socialización es muy importante para todos los niños y niñas porque es el período más intenso y crucial en su desarrollo. Usted puede ayudar a sus pequeños a socializar con otros niños y niñas de su edad participando en los programas de los centros comunitarios y bibliotecas.

Durante la socialización los niños aprenden:

- nuevo vocabulario
- aumento de la auto-estima
- disminuye la depresión
- incrementa la cooperación
- a compartir
- a resolver problemas
- participación
- comunicación
- y muchas otras cosas más

¡Vamos a buscar nuevos amiguitos!

**Alicia Martinez, LICSW, MSW, IMH-E® (II)**  
Terapeuta en Salud Mental Infantil  
425.453.4322

## ALLEGRO PEDIATRICS & KINDERING 2017 SPEAKER SERIES

We're pleased to announce the 2017 Allegro Pediatrics – Kindering Speaker Series. Typically, these talks are from **6:30 to 8:30 p.m., on the Wednesday evening** indicated at the Kindering location listed beside the date. Come as early as 6pm for mingling and light refreshments .

Please RSVP to Colleen Willis at [Colleen.Willis@kinding.org](mailto:Colleen.Willis@kinding.org) or leave a message at 425.289.7527 so we can ensure space is available. Childcare is **not** available for the speaker series.

February 15<sup>th</sup>, 2017– location: **16120 NE 8<sup>th</sup> Street Bellevue**

**Planning for the Future: Guardianship, Special Needs Trusts & other Issues for Families**

Matthew Parker, Thompson & Howle Attorneys at Law  
When children have a disability, it is crucial to plan for their financial future so that when they become adults they will have the necessary financial assistance to live independently and with dignity. Families will not have to worry about who will take care of their child if they are not there. This workshop will give an overview of what a special needs trust is all about, provide insights on guardianships, and identify a framework for families as they plan for the future.

## BABY STEPS

Have you wished you could meet other parents of infants/toddlers with special needs? Have you wondered where you could take your baby to experience socialization, play, and also have adult contact? Would you like new play ideas and songs?

If you answered yes to any of the questions, then Baby Steps may be for you!

Baby Steps is a parent/infant class that focuses on connection, play, support, and building relationships. In this class, the joys and challenges of raising a child with special needs will be shared, celebrated, and supported. Baby Steps is the first of many beginnings.

If interested, contact your family resource coordinator for more information.

## OPEN ENROLLMENT: STEPPING STONES TODDLER PRESCHOOL

We are currently enrolling in our Stepping Stones Toddler Preschool program at our Bothell and Bellevue campus. We are enrolling children who are currently receiving early intervention services as well as community preschoolers! Please refer friends or enroll siblings, ages 22-33 months.

For more information, please contact your Family Resources Coordinator, your current providers or the Early Learning Coordinator Lauri Stoll @ 425.747.4004 ext. 4953 or email [Lauri.Stoll@kinding.org](mailto:Lauri.Stoll@kinding.org).

## SIBSHOPS

If your child with special needs has a 6-11 year old typically developing brother or sister, Sibshops is a great opportunity for siblings to connect and share their experiences. Visit <https://kinding.org/services/familysupport/sibshops/> to learn more and register or email [Sibshops@kinding.org](mailto:Sibshops@kinding.org)



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## UNEXPECTED JOURNEY: BEING A PARENT OF A CHILD WITH SPECIAL NEEDS

Moms and dads often discover raising a child with special needs has significant challenges. It's natural for parents to have different perspectives on family issues, as moms and dads contribute different strengths to their families. Unexpected Journey helps participants understand this situation and many others in a one-day structured discussion exploring the most important issues a family predictably experiences when having a child with special needs. In a safe, flexible, and fun environment, we will learn from our challenges and appreciate the joys of raising kids with special needs. Topics include coping with grief and stress, gaining family resilience, and nurturing the relationship you have as a couple.

- WHEN February 25, 2017 9:00AM - 3:30PM
- WHERE Kindering Bothell 19801 N Creek Pkwy, Bothell 98011
- FREE for Kindering families. Lunch & snacks Provided
- Please note that childcare is not provided.

**CONTACT & REGISTRATION** Call Rosanne Carter at 425.984.2623 or email her at [rosanne.carter@kindering.org](mailto:rosanne.carter@kindering.org)

Facilitators **Louis Mendoza**, Manager of the Washington State Fathers Network for Kindering, is a father of two adult daughters, worked for 10 years as a paraeducator for children with special needs in the Northshore School District and has coached for Special Olympics.

**Rosanne Carter** is a mother of two children and has been an Early Intervention Family Therapist for more than 10 years. Rosanne currently facilitates Baby Steps and provides family support at Kindering.

## FATHERS NETWORK INFORMATION

Join the Fathers Network [mailing list](#) to get monthly information about articles, workshops, conferences, classes and events. This is information about the community in general, not just about the Fathers Network. And, anyone, not just dads, is welcome to be on the mailing list.

## 2018 SPECIAL OLYMPICS

In 2018 the Special Olympic USA Games will be held in Seattle. If you're interested in volunteering you can find information at: <https://www.specialolympicsusagames.org/volunteer/>



SPECIAL OLYMPICS  
**USA GAMES**  
SEATTLE 2018



## KINDERING INCLEMENT WEATHER POLICY

**In the event of inclement weather and snow, please check if Kindering will be closed.**

**Kindering Bellevue** generally follows **Bellevue School District's** closing and delay schedule.

- Kindering's main phone voicemail greeting may include closures or delay
- Newsline 425-456-4111 or [www.bsd405.org](http://www.bsd405.org)
- If Bellevue's elementary schools are closed, typically Kindering Bellevue will also be closed

- If Bellevue's elementary schools are 1 to 2 hours late, typically Kindering Bellevue will open at 11:00 am. Classes and therapies scheduled to begin before 11:00 will be cancelled. Classes and therapies scheduled for 11:00 and after will resume their normal schedule.

**Kindering Bothell** generally follows **Northshore School District's** closing and delay schedule.

- Kindering's main phone voicemail greeting may include closures or delay
- Newsline 425-408-6001 or [www.nsd.org](http://www.nsd.org)
- If Northshore's elementary schools are closed, typically Kindering Bothell will also be closed
- If Northshore's elementary schools are 1 to 2 hours late, typically Kindering Bothell will open at 11:00 am. Classes and therapies scheduled to begin before 11:00 will be cancelled. Classes and therapies scheduled for 11:00 and after will resume their normal schedule.

**Other ways to inclement weather closures and delays**

- Kindering's main phone voicemail greeting may include closures or delay
- Check [www.flashalert.net](http://www.flashalert.net) You can set up automated notifications.
- KIRO Radio 710 AM/100.7 FM
- KOMO TV News (Channel 4) 206-443-4145
- KING TV News (Channel 5) 206-448-5555
- KIRO TV News (Channel 7) 206-728-7777

**Parent Handbook link:** [Parent Handbook](#)



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## WELCOME NEW STAFF



Hi, my name is Lindsey Harvey and I am very excited to join Kindering's wonderful team of Speech-Language Pathologists. I grew up in East Wenatchee Washington, and ventured on to Bellingham after high school where I completed my undergraduate studies in Communication Science and Disorders from Western Washington University. I earned my masters in Speech/Language Pathology from Eastern Washington University. I always had the passion to work with children, which eventually paved my way to early intervention services. My professional areas of advanced training include DIR Floortime, social-emotional regulation, and sensory processing. Outside of work, I enjoy spending time with friends and family, and exploring the greater Seattle area, as I have recently relocated to the Seattle area from Eastern Washington.



Hi! My name is Samantha Crown and I am a new Family Resources Coordinator at Kindering. I am a born and raised in Washington, I grew up in Renton and later I received my Bachelors of Arts in Family Studies/Child Development from Oklahoma Christian University.

After graduating I moved back to Washington and worked in finance for about a year and a half when I realized how much I missed working with young families and kids. So I decided to look into a different career, more specifically something that aligned more with my degree, and that's when I found Kindering. I am so excited to be a part of this team! Whenever I'm not working, I enjoying hiking, reading, cooking and baking among other hobbies. I also enjoy taking my dog for walks and hanging out with friends and family.



Hello! My name is Rachelle Steijn and I am a new KidsClinic physical therapist here at Kindering. I grew up in Iowa and attended graduate school at The University of Iowa (go Hawkeyes!). Once I graduated, I moved to Seattle and took a job at Seattle Children's Hospital.

I worked there for 5 years primarily on inpatient rehabilitation with a wide variety of children (0-21 years). Since then I have worked in an outpatient pediatric clinic and in a research role. I enjoy working with children of all ages and am very excited to join the KidsClinic team here at Kindering. In my free time I enjoy spending time with my husband and 2 boys, playing with our golden retriever and enjoying the outdoors in the beautiful Pacific NW.



Hi! My name is Danielle Wilcoxson, and I am a new Family Resource Coordinator here at Kindering. I grew up in the Seattle area before heading off to cold, cold Idaho where I received my Bachelor's Degree in Child Development from Brigham

Young University – Idaho. I fell in love with early intervention while doing an internship with an early internship provider down in Utah. I enjoy music, reading, hot yoga, doing crafts, and spending time with my friends and family. I am excited to join the Kindering team.

Hola! Me llamo Danielle Wilcoxson (también me puede llamar Daniela), estoy una nueva coordinadora de recursos familiares por Kindering. Crecí aquí en Seattle y fui a una Universidad en Idaho que se llama Brigham Young University - Idaho. A la Universidad estudié el Desarrollo de los Niños y recibí mi bachillerato. Hice un puesto de interno trabajando por una compañía de intervención temprano en el estado de Utah y me enamoro con la intervención temprano. Me gusta la música, leer, hacer yoga caliente, y pasar tiempo con mi familia y mis amigos. Estoy animada para ser parte del equipo de Kindering.



Hi! My name is Megan Blake and I am a new Speech-Language pathologist here at Kindering. I grew up in the suburbs of Chicago, where I received my Bachelor's degree in Communication Sciences and Disorders. I then

graduated from Governors State University in Illinois with my masters in Speech-Language Pathology. I recently moved to the gorgeous state of Washington and I'm very excited to join Kindering's amazing team! My professional areas of interest include working with children with autism spectrum disorder, language delay/disorder, feeding/swallowing disorder, and providing family centered therapy. Outside of work, I enjoy yoga, running, hiking, kayaking, and spending time with friends and family. I look forward to getting to know all of you!

## ILLNESS EXCLUSION AND INFECTIOUS DISEASE POLICY

Kindering is committed to providing a safe and healthy environment for all children, staff and other volunteers of the agency. We view parents as our partners in promoting the safety and health of others by preventing the spread of communicable disease. To that end, we consider the advice of the King County Health Department. Please take a minute to review the entire policy located in your parent handbook. Thanks for your continued support in the is area! Parent Handbook link:

[Parent Handbook](#)



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