

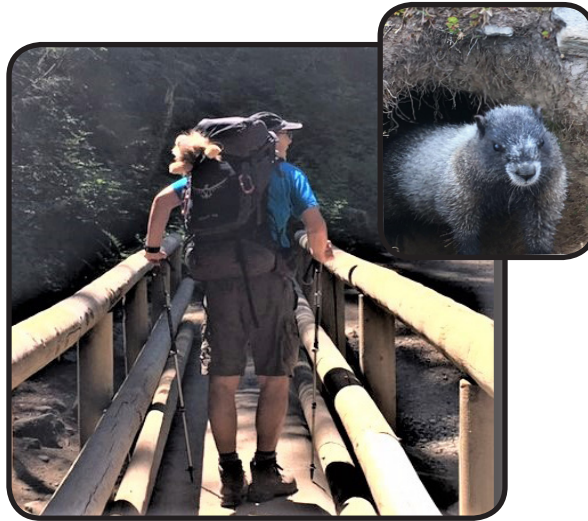


# KINDERING

## Trek for Tots 2017

Help Courage and Tom Varga complete their epic trek for Kindering kids and families. They hiked through fires, shin splints, and bears OH MY!

But you don't have to dodge marmots or scale rocky peaks to help them finish the final miles!



### Lace up your Sneakers

Walk, run, or stroll. Every mile gets Courage & Tom closer to the finish line. Just 60 miles to go!

After you walk, add a message for our brave hikers on your social media with the hashtag:

**#TREKFORTOTS**

### Donate Today

Don't want to hike or trek? You can support Courage by donating today!

There's still time to donate and help meet the trek goal of raising \$600,000 for Kindering.

Donate online and track the trek at:

**[WWW.KINDERING.ORG/PCT](http://WWW.KINDERING.ORG/PCT)**