KINDERING FAMILY PHOTO DAY
KINDERING BELLEVUE- JUNE 26

Join us between 11am–3pm on Tuesday, June 26 for a free mini-photoshoot for your family from professional photographer Amy Soper! We will have a room at Kindering Bellevue all set up, so all you’ll need is your kiddo and your smile! Reserve your spot by emailing A.J. at a.j.hartman@kindering.org!

MENCHIES FUNDRAISER
JUNE 21ST, 2-7PM

Your treat is extra sweet because 20% of your purchase will be donated to Kindering!

All you have to do is bring the flyer https://kindering.org/wp-content/uploads/2018/06/Menchies.Flyer_.pdf or mention Kindering at the four locations listed.

PLANT NITE
SAVE THE DATE: JULY 26TH

Create your own table top garden while enjoying a fun night out with friends – no green thumb needed!

More details and registration info to come.

35TH ANNUAL FATHERS NETWORK CAMPOUT
JUNE 15-17

Join us for the 35th Annual Fathers Network Campout in beautiful Washington Park in Anacortes, WA to celebrate dads, our unique and wonderful children and families.

This amazing event is rapidly approaching, so put it on your calendar for June 15-17 and plan to join us for all or part of the weekend.

You can find details here.

SWIM LESSONS DISCOUNT

SafeSplash Bellevue and two Renton SafeSplash locations are offering a 10% on first month swim tuition for regular lessons plus 10% discount on special needs swim lessons including private, semi private and group lesson for all Kindering families. Click below to learn more.

NOVEMBER NEWS
FOR THE PARENTS OF KINDERING CHILDREN

BABY STEPS
Have you wished you could meet other parents of infants/toddlers with special needs? Have you wondered where you could take your baby to experience socialization, play, and also have adult contact? Would you like new play ideas and songs?

If you answered yes to any of the questions, then Baby Steps may be for you! Baby Steps is a parent/infant class that focuses on connection, play, support, and building relationships. In this class, the joys and challenges of raising a child with special needs will be shared, celebrated, and supported. Baby Steps is the first of many beginnings.

If interested, contact your Family Resource Coordinator for more information.

SIBSHOPS
If your child with special needs has a 6-11 year old typically developing brother or sister, Sibshops is a great opportunity for siblings to connect and share their experiences. Visit https://kindering.org/services/familysupport/sibshops/ to learn more and register or email sibshops@kindering.org.

FATHERS NETWORK
Join the Fathers Network mailing list to get monthly information about articles, workshops, conferences, classes and events. This is information about the community in general, not just about the Fathers Network. And, anyone, not just dads, is welcome to be on the mailing list.

CHERISH
Do you know a foster child in King County age 3-5? Kindering’s CHERISH™ program now serves this age group thanks to a Best Starts for Kids grant from King County. To find out more, please go to: https://cherish.kindering.org/ or call 425.653.4321

JUNE FAMILY NEWSLETTER

STEPPING STONES TODDLER PRESCHOOL
We are currently enrolling children in our Stepping Stones Toddler Preschool program at our new location in Renton, as well as at our Bothell and Bellevue campuses. Our spaces for children who are receiving early intervention services are limited (your child may be added to the waitlist if they are not already). We are also enrolling community preschoolers- please refer friends or enroll siblings, ages 22-33 months. For more information, please contact your Family Resources Coordinator, your current providers or the Early Learning Coordinator Lauri Stoll @ 425.747.4004 ext. 4332 or email Lauri.Stoll@kindering.org.

2018 SPEAKER SERIES
We’re pleased to announce the 2018 – Kindering Speaker Series. Come as early as 6:00 pm for mingling and light refreshments. Please RSVP to Colleen Willis at Colleen.Willis@kindering.org or leave a message at 425.289.7527 so we can ensure space is available. Childcare is not available for the speaker series.

Monday, July 9th, 2018 (New)
Verdant Health Commission 4710 196th St SW, LYNNWOOD
N.E.W. Nourishing Emotional Well Being - for new moms
Rosanne Carter, Infant Mental Health Therapist, Kindering
Becoming a new mom is a journey of joy and excitement but there are other emotions too. Along the way, moms may experience intense feelings, stress responses, parenting concerns and conflict within the family. This class will help participants identify and nourish their emotional well-being.

Wednesday, September 26th, 2018
19801 North Creek Parkway #200, BOTHELL
Developmental milestones in the first two years of life
Dr. Neeta Jain, Swedish Pediatrics
Join this interactive presentation to learn more about developmental milestones in the early years and how you can help your baby work towards achieving these milestones.

Thursday November 8, 2018 (New date)
16120 NE 8th Street, BELLEVUE
Toddler 101
Dr. David Reuter, Allegro Pediatrics
Your baby is growing and so are the number of questions you have as a new parent.
-How do I handle a tantrum?
-Why is my toddler not eating?
-What are some successful sleep strategies?
-How do I nurture self control?
Parenting isn’t a practice, it is a daily learning experience. Hearing fresh ideas from a seasoned pediatrician will add confidence to your personal parenting style.
WELCOME NEW STAFF

Tracy is a licensed Speech-Language Pathologist with a Master of Science in Speech, Language, and Hearing Sciences from the University of Arizona. She has been practicing for over 13 years, working in various settings (i.e., community/home health, schools, hospitals, clinics) and with people of all ages. Tracy is a Certified Lactation Counselor, she has an educational background and training in maternal child health, and she was a LEND Fellow through the UA College of Medicine, Dept. of Pediatrics. Recently, she completed an Infant-Parent Mental Health fellowship through the University of California-Davis. Tracy is a CHERISH™ Infant Mental Health Specialist (IMH) blending her work in Speech-Language Pathology, child development, and infant mental health to better support foster children, their caregivers, and other professionals working within the child welfare system. Currently, she provides home/community-based birth to three Early Intervention services throughout King County in Washington State, and she is working toward Endorsement as an Infant Mental Health Specialist. Outside of her local endeavors, Tracy volunteers internationally to support feeding and IMH practices for underserved populations, and she is completing the Phase 1 NMT training/certification with Dr. Bruce Perry through The Child Trauma Academy. When she’s not trying to save the world, Tracy enjoys trying new restaurants with friends and family, outdoor adventures, wine and baked goods, and taking long walks with good views with her pup.

PARKING LOT SAFETY

Just a friendly reminder about parking lot safety.

- Drive slowly and use signals
- Watch for pedestrians
- Be mindful of tight spaces
- Use extra caution when backing up
- Obey no-parking signs
- Never leave children unattended
- Do not leave valuables in your car

KINDERING BELLEVUE PARK & PARKING

Kindering Bellevue is fortunate to have a wonderful community park right in our back yard for all of us to enjoy! We also share the large parking lot with park patrons, so as the weather improves so can the challenge to find parking. The spaces marked “Kindering only” are reserved for Kindering families in the main lot, front and West side of our building.

NO PARKING IN “FIRE ONLY” SPACES

Please remember that parking in the “fire only” spots at the fire station is strictly prohibited, as they need these spaces in emergency situations. Additional parking is available off the 164th parking lot around the corner. We look forward to seeing you!

NOTICE!!!

KINDERING BELLEVUE PARKING:
FRIDAY, JUNE 22ND
STRAWBERRY FESTIVAL SET-UP

The annual Strawberry Festival is happening right here at Crossroads Park on June 23-24th. On Friday, June 22nd set up begins, so they restrict park patrons from using the parking lot. Kindering families are still allowed to use our “Kindering Only” spots in the outer lot and in the front and west side of our building.

Just inform the attendant you are a Kindering family! Thanks!

"Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.”