WELCOME TO 2018-2019 SCHOOL YEAR

We are excited to kick off the new school year and would like to welcome all new and returning families to KINDERING.

"Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar."

SALUTE TO COURAGE LUNCHEON
SAVE THE DATE-
FRIDAY, OCTOBER 5, 2018

The Salute to Courage Luncheon is a chance to gather with family, friends, and the community to celebrate the courage of Kindering’s extraordinary kiddos! Join us for our signature fall event to enjoy a nice lunch and learn about our programs and the impact they are making on the children in our care.

When: Friday, October 5, 11:30am – 1:30pm
Where: Hyatt Regency Bellevue (900 Bellevue Way NE)
RSVP: Learn more and register on the Salute to Courage webpage, or email Jennifer (jennifer.schumacher@kindering.org).

ALL FAMILY KICK-OFF- BREAKFAST
SATURDAY, SEPTEMBER 8, 2018

The Washington State Fathers Network invites you and your family to join us for a free breakfast as Kindering celebrates the start of the new school year. Saturday, September 8th, from 9:00-Noon at the Kindering Bellevue office. Go here for more information, including how to RSVP.

PARENTING PLUS
FREE PARENTING CLASSES

Parenting Plus will be offering a free ten week parenting class aimed at typically developing children from 2 through 12. The class begins Monday, September 17th and will meet each Monday from 6:00pm until 8:00pm. Unfortunately, we cannot provide child care.

If you would like to register or have questions, please contact Lois Ralph, Parent Education Coordinator at lois.ralph@kindering.org or 425.653.4302.
STEPPING STONES TODDLER PRESCHOOL
OPEN HOUSE
Thinking about preschool for your 2 year-old? Come join us for our Open House to learn more about our Stepping Stones Preschool Program!

Kindering Bothell
Wednesday, September 29, 2018 from 4:00-5:00pm

Kindering Bellevue
Wednesday, October 3, 2018 from 4:00-5:00pm

Kindering Renton
Tuesday, October 9, 2018 from 4:00-5:00pm

We are currently enrolling children in our Stepping Stones Toddler Preschool program at our new location in Renton, as well as at our Bothell and Bellevue campuses. Our spaces for children who are receiving early intervention services are limited (your child may be added to the waitlist if they are not already). We are also enrolling community preschoolers—please refer friends or enroll siblings, ages 22-33 months.

For more information, please contact your Family Resources Coordinator, your current provider or the Early Learning Coordinator Lauri Stoll @ 425.747.4004 ext. 4332 or email Lauri.Stoll@kindering.org.

BABY STEPS
Have you wished you could meet other parents of infants/toddlers with special needs? Have you wondered where you could take your baby to experience socialization, play, and also have adult contact? Would you like new play ideas and songs?

If you answered yes to any of the questions, then Baby Steps may be for you!

Baby Steps is a parent/infant class that focuses on connection, play, support, and building relationships. In this class, the joys and challenges of raising a child with special needs will be shared, celebrated, and supported. Baby Steps is the first of many beginnings. If interested, contact your family resource coordinator for more class details.

FATHERS NETWORK
Join the Fathers Network mailing list to get monthly information about articles, workshops, conferences, classes and events. Anyone, not just dads, are welcome to be on the mailing list.

SIBSHOPS
If your child with special needs has a 6-11 year old typically developing brother or sister, Sibshops is a great opportunity for siblings to connect and share their experiences. Visit https://kindering.org/services/familysupport/sibshops/ to learn more and register or email sibshops@kindering.org.

CHERISH
Do you know a foster child in King County age 3-5? Kindering’s CHERISH™ program now serves this expanded age group thanks to a Best Starts for Kids grant from King County. To find out more, please go to: https://cherish.kindering.org/ or call 425.653.4321.
KINDERING BELLEVUE PARKING

Please enjoy our “RESERVED Kindering Only” parking spots in the front and side of our building. When you arrive at Kindering Bellevue please do not use the fire station’s entrance and driveway. Our entrance is the driveway just east of that. Please do not park in the “Fire Only” spaces that face the fire station. Never leave children unattended in a car.

RESOURCES

- We have family waiting areas at all locations that are great places for kids to play and parents to visit.
- The Parent Library within the family waiting room in Bellevue offers resources and books just waiting to be checked out!
- Kindering’s sensory garden and Crossroads Park are right outside Kindering Bellevue’s front door with easy trail access to the play equipment. Kindering Bothell has great walking trails.
- A check-in phone (Bellevue and Bothell) is located at the front desk with a list of Kindering staff and their extensions. If the receptionist is unavailable please dial the extension number of the person you are trying to reach.
- Look for Kindering parent events such as Baby Steps, Sibshops, and Fathers Network as well as Development special events on the bulletin board across from the indoor play area or on our lobby TV monitors.

IMPORTANT PARENT REMINDERS

- NO NUTS! Due to individual allergies to nuts and concerns for the health of our children, we ask families and staff not to bring any nut products into our building. This includes peanut butter, trail mix, candy bars and any other foods containing any type of nut. Thanks!
- All children must be accompanied by an adult at all times.
- Please review the Early Intervention Parent Handbook for updated policies and other information.
- We expect that all parents and guests are respectful and appropriate. Please review appropriate behavior in the Parent Handbook.
- We ask that you be extra careful with beverages and foods in the building. Cleaning supplies are available if spills occurs. We appreciate your help in keeping our facility clean.
- Classrooms, therapy rooms and the Motor room/indoor play area are for classroom and therapy use only. Families must be accompanied by a therapist.
- Please check the Lost & Found, located in the classroom observation room, regularly. Unclaimed items will be donated.
- Please be sure to flush toilet paper ONLY. Baby wipes and changing table paper will clog the toilets. Please bag and dispose of diapers in the proper receptacles, not in the trash cans. Thanks for your support!

ILLNESS EXCLUSION & INFECTIOUS DISEASE POLICY

Kindering is committed to providing a safe and healthy environment for all children, staff and other volunteers of the agency. We view parents as our partners in promoting the safety and health of others by preventing the spread of communicable disease.

Please read our Illness Exclusion policy in entirety, found in your Kindering parent handbook.

Be sure to notify staff immediately if your child contracts a known infectious disease, in particular, those that can be harmful to pregnant women or medically vulnerable children or adults.

IMMUNIZATIONS

Kindering requires an immunization record on file for all children. Please provide Kindering with a completed Certificate of Immunization Status Form. We encourage children enrolled at Kindering to meet these requirements.

Source: http://www.cdc.gov/vaccines/schedules/
For exemption information, go to page 9 of the Kindering Parent Handbook.
SPEAKER SERIES 2018

6:00-6:30 pm Light Refreshments
6:30-8:30 pm Presentation along with Q&A

Please RSVP to Colleen Willis at 425.289.7527 or by emailing colleen.willis@kindering.org. FREE presentation but pre-registration is required to ensure we have enough seats, NO childcare is available.

**Developmental Milestones**
Wednesday, September 26th
Location: 19801 North Creek Parkway #200, BOTHELL

Dr. Neeta Jain, Swedish Pediatrics
Join this interactive presentation to learn more about developmental milestones in the early years and how you can help your baby or toddler work towards achieving these milestones.

**Building Appropriate Self Esteem in your Child**
Thursday, September 27th
Location: Verdant Health Commission
4710 196th St SW, Lynnwood

Lois Ralph, MPH Kindering Parent Education Coordinator
Children with healthy self-esteem have a greater chance to develop into positive confident adults. This class provided by Kindering’s Parent Educator, is designed to support and strengthen parents in the area of developing self-esteem and learning to accept their child for who they are.

**Toddler 101**
Thursday, October 25th
Location: 16120 NE 8th Street, BELLEVUE

Dr. David Reuter, Allegro Pediatrics
Your baby is growing and so are the number of questions you have as a new parent.

- How do I handle a tantrum?
- Why is my toddler not eating?
- What are some successful sleep strategies?
- How do I nurture self control?

Parenting isn’t a practice, it is a daily learning experience. Hearing fresh ideas from a seasoned pediatrician will add confidence to your personal parenting style.

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**WELCOME NEW STAFF**

Hi! My name is Melody Stryker. I am the new Early Care, Education and Health Consultation Nurse for the new team at the Kindering Renton location. Seattle has been my life long home except for a 12 year experiment living in Las Cruces, New Mexico. I attended Pacific Lutheran University for my Bachelors of Science in Nursing. I have worked in many different areas including some inpatient cancer nursing, family practice and 7 years as a school nurse for Las Cruces Public Schools prior to moving back to Seattle. I am so happy to be back home in Seattle and excited to start my new position at Kindering, which is going to be a new challenge for me.

My name is Jesica Mendoza and I am excited to be part of the Kindering team! I will be working with the ECEC and my title is Early Care & Educational Consultant. I have received my bachelor’s in Early Childhood Education and Families Studies from the University of Washington. I have a passion for being involved in Early Learning as I think it is the most crucial part of development. For fun, I like to go on hikes and read books!

Hi! My name is Amy Davenport and I am a new occupational therapist here at Kindering. I grew up in northern Kentucky and received my Master’s degree in Occupational Therapy from Eastern Kentucky University. I moved to Washington after graduate school and worked at an outpatient private practice clinic specializing in autism for 2.5 years. In my free time, I enjoy playing soccer, hiking, reading, trying out new restaurants, and playing with my puppy. I’m so excited to be a part of the Kindering team!