NOVEMBER NEWS

FOR THE PARENTS OF KINDERING CHILDREN

HAPPY NEW YEAR!

2019 CALENDAR

JANUARY 2
KIDSCLINIC PROGRAMS RESUME

JANUARY 7
EARLY INTERVENTION PROGRAMS RESUME

JANUARY 10
SIBSHOP
RENTON
MEADOW CREST EARLY LEARNING CENTER
4:30-7:30 PM

JANUARY 18
SIBSHOP
KINDERING BELLEVUE

JANUARY 21
MARTIN LUTHER KING JR HOLIDAY
CLOSED
No classes or Therapies

JANUARY 30
SPEAKER SERIES
SENSORY PROCESSING WORKSHOP
KINDERING BELLEVUE
6:30-8:30 PM
Register Here

SPEAKER SERIES 2019

Wednesday, January 30th, 2019
6:30-8:30 p.m.
Location: 16120 NE 8th Street BELLEVUE

Sensory Processing Workshop
Alex Neukirch, Kindering Occupational Therapist
Do you have a child who struggles to stay focused in crowded environments, stay calm in unexpected situations or transitioning at home or school? Join this evening to hear from a professional Occupational Therapist who will provide a variety of information and strategies to try with children having Sensory Processing challenges. During the evening you will also meet other parents who are facing similar behavior concerns. There will be ample time for questions. You are sure to come away with new ideas and a fresh perspective.

Wednesday, February 27th, 2019
6:30-8:30 p.m.
Location: 19801 North Creek Parkway #200 BOTHELL

Planning for the Future: Guardianship, Special Needs Trusts & other Issues for Families
Matthew Parker, Thompson & Howle Attorneys at Law
When children have a disability, it is crucial to plan for their financial future so that when they become adults they will have the necessary financial assistance to live independently and with dignity. Families will not have to worry about who will take care of their child if they are not there. This workshop will give an overview of what a special needs trust is all about, provide insights on guardianships, and identify a framework for families as they plan for the future.

Come as early as 6pm for mingling and light refreshments. The presentation is 6:30-8:30pm. NO COST but Please RSVP to Colleen Willis at Colleen.Willis@kindering.org or leave a message at 425.289.7527 so we can ensure space is available. Childcare is not available for these speaker series.

"Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar."
**BABY STEPS**

**CLASS IN RENTON NOW ENROLLING!**

What is it?

Baby Steps is a parent-child playgroup for infants with special needs and their families designed to provide parents with information and support; access to Kindering staff and resources; and a chance to get to know other parents and children in a similar situation. In addition, a highly qualified special educator provides parents with coaching around how to support effective play, target new skills, and have positive responsive parent-infant interactions.

Who can join?

Baby Steps is for caregivers and their babies from birth through approximately 16-18 months of age who are eligible for Early Intervention services. Family members including parents, foster parents, grandparents, aunts/uncles, and/or siblings are welcome.

When?

Classes meet once a week for 1 hour on Wednesdays at noon.

How do I register?

Please contact your Family Resources Coordinator or your child's therapist to discuss enrollment as space is limited and subject to availability.

**FATHERS NETWORK**

Join the Fathers Network mailing list to get monthly information about articles, workshops, conferences, classes and events. This is information about the community in general, not just about the Fathers Network. And, anyone, not just dads, is welcome to be on the mailing list.

**FOCUS GROUP**

USE YOUR EXPERIENCE AND VOICE TO IMPROVE DEVELOPMENTAL SCREENINGS AND REFERRALS

In partnership with Best Starts for Kids, please join a focus group at Kindering’s office in Bothell to give your thoughts and opinions related to developmental screening and referral. We are looking to get input from caregivers (especially men) with children age 0-10. Please see this flyer for information on dates, times and location and contact Louis Mendoza, louis.mendoza@kindering.org or 425.653.4286 to register.

**SIBSHOPS**

**WHAT ARE SIBSHOPS?**

Sibshops are fun, action-packed workshops in which siblings of children with special needs are encouraged to share challenges and celebrate joys with brothers and sisters in similar situations. It’s a celebration of the many contributions that brothers and sisters of children with special needs make to their families and communities.

**WHAT HAPPENS AT SIBSHOPS?**

Based on the Children’s Hospital program model designed by Don Meyer, each Sibshop mixes information and discussion activities with new games, active play, and art projects! Dinner and dessert will also be provided.

**WHEN & WHERE ARE SIBSHOPS?**

Kindering is pleased to offer Sibshops at the Bothell, Bellevue, and Renton locations. Sibshops will be hosted at the following locations/times:

- **Bellevue** – 16120 NE 8th St, (behind Bellevue fire station 3)
  - October– June – 3rd Friday of each month from 4:30 p.m. - 7:30 p.m.
- **Renton** – Meadow Crest Early Learning Center
  - 1800 Index Ave NE
  - October–June – 2nd Thursday of each month from 4:30 p.m.-7:30 p.m.
- **Bothell** – coming soon!

**WHO CAN ATTEND?**

Typically developing 1st-6th graders. Groups may be split by age/grade for some activities.

**HOW MUCH DOES IT COST?**

$30 per session, per child. This includes dinner. Scholarship funds may be available upon request. Learn more and register online at [www.kindering.org/sibshops](http://www.kindering.org/sibshops), or contact Kindering Sibshops facilitators at sibshops@kindering.org.

**OPEN ENROLLMENT:**

**STEPPING STONES TODDLER PRESCHOOL**

We are currently enrolling children ages 22-33 months in our Stepping Stones Toddler Preschool program at our locations in Renton, Bothell, and Bellevue. We embrace learning through play with a themed curriculum and high teacher–student ratios. Children of diverse abilities are welcome, and we have lots of room for community preschoolers in this integrated program. Our spaces for those receiving early intervention services are limited, and your child may need to be added to the to the waitlist. For more information, please contact your Family Resources Coordinator, your current providers or Lauri Stoll, our Early Learning Coordinator, at 425-747-4004 ext.4332 or by email at Lauri.Stoll@kindering.org.
KINDERING RENTON
LOOKING FOR CLASSROOM SUBSTITUTES

Do you enjoy playing with young children? Are you looking for a few hours of work? We are looking for a few individuals that would like to be on our substitute list for our Stepping Stones and co-op classrooms.

WELCOME NEW STAFF

Hi! My name is Ann Sturtz, and I am a new Special Educator at Kindering. I received my Bachelor’s degree in Psychology at the University of Washington and my Master’s in Clinical Psychology from The Chicago School of Professional Psychology. I am a Board Certified Behavior Analyst and have worked with children from ages 18 months to 14 years across home, community, and educational settings. It is very exciting to be joining such a wonderful multidisciplinary team and continue providing direct services to families! In my free time I enjoy spending time with my family and friends, traveling, reading, and doing yoga/Pilates.

Hello! My name is Soo Kim, and I am excited to join Kindering’s ECEC team as a CCHS Systems Development Assistant. I had the honor of growing up in two cultures. My family and I lived in South Korea before immigrating to Seattle, Washington. I attended University of Washington where I earned my Bachelors of Arts in Sociology. After three exciting years as a preschool teacher and behavioral therapist, I decided to enroll in the MaED with specialization in Clinical Mental Health Counseling at Seattle University. I am currently finishing up my last year of graduate school. I enjoy painting, exercising, meditating, and spending quality time with friends and family.

ILLNESS EXCLUSION AND INFECTIOUS DISEASE POLICY

Kindering is committed to providing a safe and healthy environment for all children, staff and other volunteers of the agency. We view parents as our partners in promoting the safety and health of others by preventing the spread of communicable disease. To that end, we consider the advice of the King County Health Department. Please take a minute to review the entire policy located in your parent handbook.

Thanks for your continued support in this area!
Parent Handbook

KINDERING INCLEMENT WEATHER POLICY

In the event of inclement weather and snow, please check if Kindering will be closed.

Kindering Bellevue generally follows Bellevue School District’s closing and delay schedule.
- Newsline 425.456.4111 or wwwbsd405.org
- If Bellevue’s elementary schools are closed, Kindering Bellevue will also be closed
- If Bellevue’s elementary schools are 1 to 2 hours late, Kindering Bellevue will open at 11:00 a.m.
- Classes and therapies scheduled to begin before 11:00 will be cancelled.
- Classes and therapies scheduled for 11:00 and after will resume their normal schedule.

Kindering Bothell generally follows Northshore School District’s closing and delay schedule.
- Newsline 425.408.6001 or www.nsd.org
- If Northshore’s elementary schools are closed, Kindering Bothell will also be closed
- If Northshore’s elementary schools are 1 to 2 hours late, Kindering Bothell will open at 11:00 am. Classes and therapies scheduled to begin before 11:00 will be cancelled. Classes and therapies scheduled for 11:00 and after will resume their normal schedule.

Kindering Renton generally follows Renton School District’s closing and delay schedule.
- Newsline 425.204.2300 or www.rentonschools.us
- If Renton’s elementary schools are closed, Kindering Renton will also be closed
- If Renton’s elementary schools are 1 to 2 hours late, Kindering Renton will open at 11:00 am. Classes and therapies scheduled to begin before 11:00 will be cancelled. Classes and therapies scheduled for 11:00 and after will resume their normal schedule.

Other ways to learn about inclement weather closures and delays:
- Kindering’s main line- 425.747.4004
- Check www.flashalert.net
- KIRO Radio 710 AM/100.7 FM
- KOMO TV News (Channel 4) 206.443.4145
- KING TV News (Channel 5) 206.448.5555

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