KINDERING QUARTERLY

FALL 2019

Kindering News

Our Annual Report is here!
You may have seen this bright and colorful review of our year in your mailbox! You can click here to view the full report.

We're so proud of the courageous kiddos and families we serve.
Night Out for Kindering was an evening of fun at The Woodhouse Wine Estates. 

Thanks to our generous sponsors and donors, we raised $10,600 for Kindering programs and services! Thank you for being part of the Kindering Community!

Special thanks to our event sponsors, Stryker and Christian Manley Orthodontics!

Upcoming Events

Salute to Courage Luncheon
Kindering's 14th Annual Luncheon will be held at The Hyatt Regency, 900 Bellevue Way NE, Bellevue, WA. Doors open at 11:30 and the program begins at noon.

Angela Poe Russel, co-host of King 5's Take 5, will be joining us as our emcee for the afternoon.

Our keynote speaker this year is Dr. Jeff Sperring. He is the CEO and a clinical professor of hospital medicine at Seattle Children’s, and he deeply believes that “being a doctor is as much a matter of the heart as it is of the mind.” Dr. Sperring has chosen some pre-reading for this year's event! Start reading and get ready to hear how Make Your Bed and Giraffe's Can't Dance are related - we can't wait! (See links below to purchase the books.)

Kindering’s Salute to Courage Luncheon is a chance to gather with family, friends, and the community to celebrate the courage of the extraordinary children that walk through Kindering’s doors every day! This event is a chance to learn about our programs and the impact they make on the children in our care.

"Make Your Bed: Little Things That Can Change Your Life... And Maybe the World"
by Admiral William H. McRaven
“Giraffe's Can't Dance”
by Giles Andreae and Guy Parker-Rees

Registration is now open!

Speaker Series

Speaker Series is in full swing! These free evening sessions address a range of topics related to raising children with special needs. Each session will include light refreshments and time for mingling, a presentation by a guest speaker, and plenty of time at the end for Q & A.
Upcoming events include:

Tuesday, September 10, 2019 - Sensory Processing Workshop: Language Development & Emotional Regulation
Presented by Kate Greco, Kindering Speech Language Pathologist & Alex Neukirch, Kindering Occupational Therapist
6:15-8:30 p.m.
at Kindering Bellevue
16120 NE 8th St, Bellevue

Wednesday, September 25, 2019 - Growing Up Safe
Presented by Wanda Yamashita, Certified Child Passenger Safety Technician from Eastside Baby Corner
6:15-8:30 p.m.
at Kindering Bellevue
16120 NE 8th St, Bellevue

Wednesday, October 16, 2019 - Sensory Processing Workshop: Motor Coordination & Sensory Challenges
Presented by Hannah Patchen, Kindering Physical Therapist & Alex Neukirch, Kindering Occupational Therapist
6:15-8:30 p.m.
at Kindering Bellevue
16120 NE 8th St, Bellevue

Special Spanish Presentation:
Monday, October 21, 2019 - Una Charla Con Pediatras
Presented by Dr. Diana Lindner & Dr. Nancy Danoff
11:30 a.m. - 1:00 p.m. or 2:00-3:30 p.m.
at Kindering Bellevue
16120 NE 8th St, Bellevue
Sign up here or email juan.panchana@kindering.org

Wednesday, November , 2019 - Building Appropriate Self-Esteem in Your Child
Presented by Lois Ralph, MPH Kindering Parent Education Coordinator
6:15-8:30 p.m.
at Verdant Health Commission
4710 196th St SW, Lynnwood

All events are free, registration is required. To register or for questions, contact Colleen Willis at colleen.willis@kindering.org. Even though we love your kiddos, Speaker Series events are for the adults.
Announcements

**AmazonSmile:** Did you know we have an AmazonSmile account? This means that every time you buy something on Amazon, Kindering could benefit at no extra cost to you! When you shop [Smile.Amazon.com](http://Smile.Amazon.com), you find the same selection of items and same low prices, but Amazon donates a portion of the purchase price to the non-profit of your choice - just sign in and select Kindering Center as your charity of choice! Ordering your pre-read books for the Salute to Courage Luncheon would be a great place to start...

**We're looking for Community Champions:** You can make a difference for Kindering kiddos! Holding a special event to support Kindering is a great way to do something you love while achieving your community impact goals, build connections and raise awareness for the work Kindering does for the kiddos in our community. Do you love to sing and want to host a karaoke night? Do you need an excuse to host a dinner party? Maybe your own kiddo wants to run a lemonade stand and donate their proceeds.... The possibilities are endless! Reach out to Anne Acker at anne.acker@kindering.org with any questions and ideas about how you can partner with Kindering.

**Do you follow Kindering on social media?** We post info about upcoming events, programs, and articles from great parent sources. Following us on Facebook, Instagram, and Twitter is a great way to stay connected. You can find us by clicking the social buttons below or by searching for us:

- [Facebook: @KinderingCenter](http://Facebook: @KinderingCenter)
- [Instagram: @Kindering](http://Instagram: @Kindering)
- [Twitter: @KinderingCenter](http://Twitter: @KinderingCenter)

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