



Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.



## CUBS

CUBS is a specially designed program for children under age 3 who are on the autism spectrum or have similar diagnoses. All providers are behavior therapists licensed through Washington State's Department of Health. Services involve a blended approach grounded in the principles of Early Childhood Education, Early Childhood Special Education, and naturalistic play-based Applied Behavior Analysis (ABA).

Every child is unique, which is why Kindering's CUBS program provides supports tailored to each child's individual strengths, interests, and needs along with those of their family. Each child will have a curriculum specifically designed for them that includes effective instructional strategies, play- and activity-based instruction, and developmentally appropriate practices.

- Similar to our other playgroups, CUBS entails the same four elements of Free Choice, Circle Time, Snack, and Motor Time.
- 4–5 children are enrolled in each class. Children are paired 1 on 1 with a Kindering CUBS staff member, intentionally rotating who is working on a child's specific goals and skills at a given time.
- Direct instruction from our team members is part of our classroom structure, and facilitates generalization of skills across providers.
- Staff members include an educator/board-certified behavior analyst, occupational therapist, speech-language pathologist, and certified behavior technicians.

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CUBS participants must also be enrolled in Kindering's Early Support program. Early Supports is an integral and necessary part of this program and includes regular home visits by educators and therapists who provide parent education, training, and supports at home.

**Eligibility:** Children on the autism spectrum or similar diagnoses who have been recommended ABA as a treatment method.

**Schedule:** Classes meet twice per week for 2 hours with sessions on Mondays and Wednesdays in Bellevue and Tuesdays and Thursdays in Bothell. Both morning and afternoon sessions are available. Our program runs year-round with breaks throughout the year.

**Cost:** Kindering charges insurance for Applied Behavioral Analysis, occupational therapy, and speech-language therapy; thus, co-pays, co-insurance, and deductibles may apply.

**Registration:** Please contact your Family Resource Coordinator to discuss enrollment for your child, as space is limited and subject to availability.

Please contact your Family Resource Coordinator if you have questions or would like to enroll.